



Supplemental
Nutrition
Assistance
Program

Resources for SNAP Recipients

SNAP recipients receive nutritious food and can qualify for the following programs. Learn more below and contact us for help with SNAP applications or benefits.

Entertainment

Amazon Prime

\$5.99 per month. Enables you to purchase items from Amazon in addition to viewing content
www.amazon.com/qualify

Museums for All Program

Gain free or reduced admission to more than 600 museums throughout the United States simply by presenting you EBT card. Search to find a museum near you.
www.museums4all.org/

Park District Discounts

Park districts in Illinois offer discounts to SNAP recipients throughout the year. Check your local park district for more information

Telephone Service

Safelink

Offers a free smartphone with a free monthly cell phone plans
350 minutes per month, Unlimited text, 4.5 GB of Data. www.safelinkwireless.com

Assurance Wireless

Lifeline Free Government phone program for qualified households.
www.assurancewireless.com

QLink Wireless

Government Benefit Program
Bring your own phone & get free cell phone service. 4.5 GB of data **Unlimited talk, text
www.qlinkwireless.com



RIVER BEND
FOOD BANK

MEMBER OF
FEEDING
AMERICA

Computers

Connect All

Low-cost desktop & laptop computers for low-income individuals and nonprofit organizations. Units start at \$200 and up. www.connectall.org

Internet Service

Internet Essentials through Comcast

Low-cost internet service for those who have public assistance. Cost: \$9.95 per month. www.internetessentials.com

Mediacom

Low-cost internet service for \$9.95 per month. www.mediacomc2c.com

AT&T Internet service

Affordable flow cost internet service for eligible households. \$10.00 per month or less based upon the max speed available to your address. www.att.com

Online Grocery Shopping

Aldi

Shop online using your EBT benefits. Delivery offered through Instacart, minimum order \$35. Delivery fee \$3.99 per order. www.aldi.us/pickup-delivery/grocery-pickup

Amazon

Shop online using your EBT benefits!

Free delivery on orders over \$25 with Amazon Core Groceries. \$35 if you use Amazon Pantry & Amazon Fresh

**You do not need to have an Amazon Prime account in order to participate

www.amazon.com/snap

Walmart

Shop online using your EBT benefits. Minimum order \$30, delivery charges \$7.95 - \$9.95.

**Delivery not available in all areas. www.walmart.com/cp/snap-online

Jewel

Shop online using your EBT benefits at participating locations

www.jewelosco.com/shop/lp/snap-ebt-pay-at-pickup.html

Miscellaneous

Crisis Text Line

Crisis text is a free service for those suffering from any crisis. Texts are responded to by live agents. **Text HOME to 741741**

Fresh EBT

Check your EBT SNAP balance, see your EBT purchase history, and find discounts by clipping coupons with this app. Free to download on your phone in English and Spanish. Additionally, you can read about updates to the SNAP program that can impact your family.

www.freshebt.com

Need to apply or have questions about your SNAP benefits?

Contact Katie at River Bend Food Bank

SNAP Helpline: 563-949-2071

Email: SNAP@riverbendfoodbank.org

